

# PATIENT INFORMATION LEAFLET

## ViralChoice® Effervescent Tablet



### SCHEDULING STATUS:

S0

### CATEGORY AND CLASS:

Class D: Complementary Medicines:  
Discipline Specific: 33.7 Combination product

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

### PROPRIETARY NAME AND DOSAGE FORM:

Viralchoice® Effervescent (Tablet)

The active substances per tablet are:

Active ingredient	Amount/tablet	Role of supplement
Echinacea purpurea (Echinacea) [Herb dry extract, 1:1 extract]	120,00 mg	Supports in boosting the immune system, increasing the body's resistance to infections. May contribute to the reduction of symptoms and assist in shortening the duration of a cold
Ascorbic Acid (Vitamin C)	1000,00 mg	Vitamin C may help reduce the duration and intensity of a cold
Cholecalciferol (Vitamin D3)	25,00 µg	An antioxidant for the maintenance of good health
Pyridoxine (Vitamin B6)	10,00 mg	Helps in the absorption and use of calcium and phosphorous
Zinc Citrate Providing Zinc	77,42 mg 24,00 mg	Helps to metabolise carbohydrates, fats and proteins Helps to maintain immune function

Contains sugar and sweetener  
Sorbitol 500 mg  
Mannitol 300 mg  
Sucralose 10 mg

### Read all of this leaflet carefully because it contains important information for you.

Viralchoice® Effervescent are available without a doctor's prescription for you to maintain your health. Nevertheless, you still need to take Viralchoice® Effervescent carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Viralchoice® Effervescent with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.

### What is in this leaflet.

1. What Viralchoice® Effervescent is and what it is used for.
2. What you need to know before you take Viralchoice® Effervescent
3. How to take Viralchoice® Effervescent
4. Possible Side effects
5. How to store Viralchoice® Effervescent
6. Contents of the pack and other information

### 1. What ViralChoice® Effervescent are and what it is used for.

Viralchoice® Effervescent is a discipline specific complementary medicine formulated to support immune system function.

- Supports in boosting the immune system, increasing the body's resistance to infections.
- May contribute to the reduction of symptoms and assist in shortening the duration of a cold
- Vitamin C may help reduce the duration and intensity of a cold
- An antioxidant for the maintenance of good health
- Helps to maintain and support healthy immune system function
- Helps to maintain healthy skin
- Supports wound healing
- A factor in the maintenance of good health
- Helps to metabolise carbohydrates, fats and proteins

Viralchoice® Effervescent are indicated for adult and children from 14 years of age.

Not for children younger than 14 years of age.

If symptoms persist, talk to your health care provider.

A varied diet is the most effective and safe way to achieve good nutrition, health, body composition as well as mental and physical performance.

### 2. What you need to know before you take ViralChoice® Effervescent

#### Contraindications

Do not use this product if you are allergic to any of the ingredients.

Viralchoice® Effervescent contains sorbitol. If you have been told that you have an intolerance to some sugars, you should not take Viralchoice® Effervescent

#### Warnings and precautions

Viralchoice® Effervescent contains zinc, which may be dangerous when taken in large amounts for long periods of time. Not for children under 14 years of age.

#### Pregnancy, breastfeeding and fertility

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your health care provider for advice before taking this medicine.

#### Pregnancy

Safety during pregnancy has not been established.

#### Breast-feeding

Safety during breast feeding has not been established.

#### Fertility

No information available on fertility.

#### Driving and using machines

No studies on the effect on the ability to drive and use machines have been performed.

### 3. How to take ViralChoice® Effervescent

Do not share medicines with any other person.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you. Check with your doctor or pharmacist if you are not sure.

#### The recommended dose is:

1 tablet daily for adults and children older than 14 years. Dissolve the effervescent tablet in one glass of water. Then drink the contents of the whole glass.

If symptoms persist, see your health care provider.

Not to be used in children under 14 years of age.

Vitamin and mineral supplements should not replace a balanced diet.

#### If you take more Viralchoice® Effervescent than you should

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

#### If you forget to take ViralChoice® Effervescent

Do not take a double dose to make up for a forgotten dose, take your usual dose at the usual time.

### 4. Possible side effects

High doses of vitamin C can cause diarrhoea. Allergic reactions such as urticaria and itchy eyes have also been reported with products containing echinacea. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your health care provider for advice

#### Reporting of side effects

If you get side effects, talk to your doctor or, pharmacist or nurse. You can also report side effects to SAHPRA via the "6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications: <https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of Viralchoice® Effervescent

### 5. How to store ViralChoice® Effervescent:

- Store at or below 25 °C.
- Keep in the original container
- Keep out of reach of children
- Do not use after the expiry date printed on the container/label.
- Return all unused medicine to your pharmacist for safe disposal.

### 6. What ViralChoice® Effervescent look like and contents of the pack.

#### What ViralChoice® Effervescent contains

- The active substances are Echinacea purpurea (Echinacea), Ascorbic Acid (Vitamin C), Cholecalciferol (Vitamin D3), Pyridoxine (Vitamin B6), Zinc Citrate
- The other ingredients are sunset yellow, effersoda (sodium bicarbonate), sorbitol instant, citric acid anhydrous, crillet 3, mannitol, sylloid 244fp, sucralose, orange juice flavour 74016-71, peg 6000.

#### What ViralChoice® Effervescent looks like and content of the pack

Viralchoice® Effervescent Tablets are orange, round effervescent tablets in packs of 10 and 30 effervescent tablets in plastic tubes in a unit carton with a leaflet

#### Holder of Certificate of Registration

Opella Healthcare South Africa (Pty) Ltd  
4th Floor, Building I, Hertford Office Park,  
90 Bekker Road, Midrand, 1652

#### This leaflet was last revised in

24 August 2021

Date of revision: To be allocated by SAHPRA.

#### Registration number

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

TBA

# PASIËNTINLIGTINGSBLAD

## ViralChoice® Effervescent Tablet

sanofi

### SKEDULERINGSTATUS:

S0

### KATEGORIE EN KLAS:

Klas D: Komplementêre Medisyne:

Dissipline-spesifiek: 33.7 Kombinasieproduk

Hierdie ongeregistreerde medisyne is nie vir gehalte, veiligheid of beoogde gebruik deur SAHPRA geëvalueer nie.

### HANDELSNAAM EN DOSEERVORM:

ViralChoice® Effervescent (Tablet)

Die aktiewe bestanddele per tablet is:

Aktiewe bestanddeel	Hoeveelheid/ tablet	Rol van aanvulling
Echinacea purpurea (Echinacea) [Droë kruie-ekstrak, 1:1 ekstrak]	120,00 mg	Help om die immuunstelsel 'n hupstoot te gee, om die liggaam se weerstand teen infeksies te verhoog. Mag help om simptome te verminder en die duur van verkoue te verkort.
Askorbiensuur (Vitamien C)	1000,00 mg	Vitamien C mag help om die duur en ernstigheidsgraad van verkouesimptome te verminder.
Cholekalsiferol (Vitamien D3)	25,00 µg	'n Antioksidant vir instandhouding van goeie gesondheid.
Piridoksiën (Vitamien B6)	10,00 mg	Help met die absorpsie en benutting van kalsium en fosfor.
Sinksitraat Verskaf Sink	77,42 mg 24,00 mg	Help om koolhidrate, vette en proteïene te metaboliseer. Help om immuunfunksies te onderhou.

Bevat suiker en versoeter

Sorbitol 500 mg

Mannitol 300 mg

Sukralose 10 mg

Lees hierdie hele inligtingsblad noukeurig deur want dit bevat inligting wat belangrik is vir jou.

ViralChoice® Effervescent is beskikbaar sonder 'n dokter se voorskrif, sodat jy jou gesondheid in stand kan hou. Jy moet

ViralChoice® Effervescent noogs versigtig neem om die beste resultate te verkry.

- Hou hierdie inligtingsblad. Dit mag nodig wees dat jy dit weer lees.
- Moenie ViralChoice® Effervescent met enigemand anders deel nie.
- Vra gerus jou gesondheidsorgverskaffer of apteker indien jy verdere inligting of advies nodig het.

### Wat is in hierdie inligtingsblad

1. Wat is ViralChoice® Effervescent en waarvoor word dit gebruik

ViralChoice® Effervescent is 'n dissipline-spesifieke komplementêre medisyne wat geformuleer is om werking van die immuunstelsel te ondersteun.

- Help om die immuunstelsel 'n hupstoot te gee, wat die liggaam se weerstand teen infeksies verhoog

- Mag help om simptome te verminder en help om die duur van 'n verkoue te verkort

- Vitamien C mag help om die duur en ernstigheidsgraad van 'n verkoue te verminder

- 'n Antioksidant vir die instandhouding van goeie gesondheid

- Help om die gesonde werking van die immuunstelsel in stand te hou en te ondersteun

- Help om gesonde vel te onderhou

- Ondersteun wondgenesing

- 'n Faktor in die instandhouding van goeie gesondheid

- Help om koolhidrate, vette en proteïene te metaboliseer.

ViralChoice® Effervescent word aangedui vir volwassenes en kinders vanaf 14-jarige ouderdom.

Nie geskik vir kinders jonger as 14 jaar nie.

Indien simptome volhou, bespreek dit met jou gesondheidsorgverskaffer.

'n Gevarieerde dieet is die doeltreffendste en veiligste manier om goede voeding, gesondheid, liggaamsamestelling, sowel as verstandelike en fisiese prestasie te behaal.

### 2. Wat jy moet weet voordat jy ViralChoice® Effervescent neem

#### Kontra-indikasies

Moenie hierdie produk gebruik indien jy vir enige van die bestanddele allergies is nie.

ViralChoice® Effervescent bevat sorbitol. Indien jy ingelig is dat jy onverdraagsaam vir party suikers is, behoort jy nie ViralChoice® Effervescent te neem nie.

#### Waarskuwings en voorsorgmaatreëls

ViralChoice® Effervescent bevat sink, wat gevaellik kan wees wanneer dit in groot hoeveelhede vir lang tye geneem word. Nie vir kinders onder die ouderdom van 14 jaar nie.

#### Swangerskap, borsvoeding en vrugbaarheid

Indien jy swanger is of jou baba borsvoed, vermoed dat jy swanger kan wees of beplan om swanger te raak, vra jou gesondheidsorgverskaffer se advies voordat jy hierdie medisyne neem.

#### Swangerskap

Dit is nie bepaal of dit veilig is om tydens swangerskap te gebruik nie.

#### Borsvoeding

Dit is nie bepaal of dit veilig is om te gebruik wanneer jy borsvoed nie.

#### Vrugbaarheid

Daar is geen inligting beskikbaar oor vrugbaarheid nie.

#### Bestuur en die gebruik van masjiene

Geen studies is uitgevoer op die effek wat dit het op die vermoë om te bestuur en masjiene te gebruik nie.

### 3. Hoe om ViralChoice® Effervescent te neem

Moenie medisyne met enigemand anders deel nie.

Neem hierdie medisyne altyd presies soos wat in hierdie inligtingsblad beskryf word, of soos wat jou dokter of apteker vir jou gesê het. Vra gerus jou dokter of apteker indien jy onseker is.

#### Die aanbevole dosis is:

1 tablet daagliks vir volwassenes en kinders ouer as 14 jaar. Los die bruistablet op in een glas water. Drink dan die hele inhoud van die glas.

Indien simptome aanhou, gaan sien jou gesondheidsorgverskaffer.

Moenie gebruik word deur kinders jonger as 14 jaar nie.

Vitamien-en-mineraal-aanvullings moenie in die plek van 'n gebalanseerde dieet gebruik word nie.

#### Indien jy meer ViralChoice® Effervescent neem as wat jy behoort te neem

In geval van oordosering, raadpleeg jou dokter of apteker. Indien nie een van hulle beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

#### Indien jy vergeet om ViralChoice® Effervescent te neem

Moenie 'n dubbele dosis neem om te vergoed vir 'n dosis wat oorgeslaan is nie, neem jou gebruiklike dosis op die gewone tyd.

### 4. Moontlike newe-effekte

Hoë dosisse vitamien C kan diarree veroorsaak. Allergiese reaksies soos urtikarie en jeuksende oë is ook geraporteer met produkte wat echinacea bevat. Nie alle newe-effekte wat vir hierdie medisyne geraporteer is, word in hierdie inligtingsblad ingesluit nie. Indien jou algemene gesondheid agteruitgaan of indien jy enige ongunstige effekteervaar terwyl jy hierdie medisyne neem, raadpleeg asseblief jou gesondheidsorgverskaffer.

#### Rapportering van newe-effekte

Indien jy newe-effekteervaar, bespreek dit met jou dokter, apteker of verpleegster. Jy kan ook newe-effekte aan SAHPRA rapporteer via die "6.04 Vorm vir Rapportering van Ongunstige Genoegsaamhedsreaksies", wat aanlyn by SAHPRA se publikasies gevind kan word: <https://www.sahpra.org.za/Publications/Index/8>. Deur newe-effekte te rapporteer, kan jy help om meer inligting oor die veiligheid van ViralChoice® Effervescent te verskaf.

### 5. Hoe om ViralChoice® Effervescent te bêre

- Bêre by of onder 25 °C.
- Hou in die oorspronklike houer.
- Hou buite bereik van kinders.
- Moenie gebruik ná die vervaldatum wat op die houer/etiket gedruk is nie.
- Neem alle ongebruikte medisyne terug na jou apteker vir veilige wegdoening.

### 6. Hoe ViralChoice® Effervescent lyk en inhoud van die pak

#### Wat ViralChoice® Effervescent bevat

- Die aktiewe bestanddele is Echinacea purpurea (Echinacea), Askorbiensuur (Vitamien C), Cholekalsiferol (Vitamien D3), Piridoksiën (Vitamien B6), Sinksitraat.
- Die ander bestanddele is Sunset Yellow, Effer-Soda (natriumbikarbonaat), sorbitol (kits), anhidriese sitroensuur, Crillet 3, mannitol, Syloid 244fp, sukralose, lemoengeursel 74016-71, PEG 6000.

#### Hoe ViralChoice® Effervescent lyk en inhoud van die pak

ViralChoice® Effervescent tablette is oranje, ronde bruistablette in pakke van 10 en 30 bruistablette in plastiekbuise, verpak in 'n karton met 'n inligtingsblad.

#### Houer van die Registrasiesertifikaat

Opella Healthcare South Africa (Edms.) Bpk.

4de Vloer, Gebou I, Hertford Office Park,

Bekkerweg 90, Midrand, 1652

#### Hierdie inligtingsblad is laas hersien

24 Augustus 2021

Datum van hersiening: Sal deur SAHPRA aangewys word.

#### Registrasienommer

Hierdie ongeregistreerde medisyne is nie vir gehalte, veiligheid of beoogde gebruik deur SAHPRA geëvalueer nie.

TBA

ViralChoice Echinacea, Garlic, Zinc + Vit C (Film coated tablets)

**PATIENT INFORMATION LEAFLET**  
**ViralChoice® Echinacea, Garlic, Vitamin C + Zinc**  
**(Film coated Tablet)**  
**Sugar free**

**SCHEDULING STATUS: [S0]**

**CATEGORY AND CLASS:**

D: Complementary Medicines:

Discipline Specific: 33.7 Combination product

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

**PROPRIETARY NAME AND DOSAGE FORM**

**VIRALCHOICE® ECHINACEA, GARLIC, VITAMIN C + ZINC (tablets)**

**The active substances per tablet are:**

Echinacea purpurea (Echinacea herb juice dry) [Fresh herb, 45:1 extract 1000 mg of fresh herb equivalent]	22,22 mg
Allium Sativum (Garlic) [Fresh bulb, 12:1 extract providing 100 mg of fresh bulb equivalent]	8,33 mg
Ascorbic acid (Vitamin C)	500,00 mg
Zinc Gluconate Providing Zinc	14,00 mg 2,00 mg

**Excipients:**

Calcium hydrogen phosphate dihydrate, croscarmellose sodium, crospovidone, dl-alpha-tocopherol, hypromellose, macrogol 400, magnesium stearate, maize starch, microcrystalline cellulose, povidone, silicon dioxide, vanillin.

Sugar Free.

**Read all of this leaflet carefully because it contains important information for you.**

**ViralChoice® Echinacea, Garlic, Vitamin C + Zinc** tablets are available without a doctor's prescription for you to maintain your health. Nevertheless, you still need to take **ViralChoice® Echinacea, Garlic, Vitamin C + Zinc** tablets carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share **ViralChoice® Echinacea, Garlic, Vitamin C + Zinc** tablets with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.

## ViralChoice Echinacea, Garlic, Zinc + Vit C (Film coated tablets)

### What is in this leaflet

1. What ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets is and what it is used for.
2. What you need to know before you take ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets
  - a. Contra-indications
  - b. Warnings and precautions
  - c. Possible side effects.
  - d. Interactions
3. How to take ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets
4. Possible Side effects when taking ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets
5. How to store ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets
6. Description of contents of the pack and container information.

#### **1. What ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets is and what it is used for.**

ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets, is a discipline specific combination medicinal product formulated to reduce the duration and severity of common cold symptoms.

- Assists in the relief of symptoms associated with mild upper respiratory tract infections
- Assists in reducing common cold symptoms
- Support healthy immune system function
- An antioxidant for the maintenance of good health
- Assists in boosting the body's resistance to cold, flu & other infections

**ViralChoice® Echinacea, Garlic, Vitamin C + Zinc** tablets are indicated for adult and children older than 12 years of age.

If symptoms persist, talk to your health care provider.

#### **2. What you need to know before you take ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets**

##### **Do not take ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets:**

If you are allergic to any of the ingredients as listed in this Patient Information Leaflet.

##### **Warnings and precautions**

**ViralChoice® Echinacea, Garlic, Vitamin C + Zinc** tablets should not replace a balanced diet.

##### **Pregnancy, breastfeeding and fertility**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your health care provider for advice before taking this medicine.

## ViralChoice Echinacea, Garlic, Zinc + Vit C (Film coated tablets)

### *Pregnancy*

Safety during pregnancy has not been established.

### *Breast-feeding*

Safety during breast feeding has not been established.

### *Fertility*

No information available on fertility.

### **Driving and using machines**

No studies on the effect on the ability to drive and use machines have been performed.

### **Interactions**

Always tell your health care provider if you are taking any other medicines.

## **3. How to take ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets**

Do not share medicines with any other person.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you. Check with your doctor or pharmacist if you are not sure.

### **The recommended dose is:**

Take 1 tablet twice daily or as recommended by your health care provider. If symptoms persist, see your health care provider.

Vitamin and mineral supplements should not replace a balanced diet.

### **Method of administration**

The tablets must be taken orally without chewing. It must be taken with enough liquid.

### **If you take more ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets than you should**

Do not take a double dose to make up for a forgotten dose, take your usual dose at the usual time.

In the event of over-dosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

## **4. Side effects**

Not all side effects reported for this medicine are included in this leaflet.

Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your health care provider for advice

## **5. How to store ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets**

- Store at or below 25 °C

ViralChoice Echinacea, Garlic, Zinc + Vit C (Film coated tablets)

- Keep in the original container
- Store all medicines out of reach of children.
- Do not use after the expiry date printed on the container/label.
- Return all unused medicine to your pharmacist for safe disposal.

**6. What ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets look like and contents of the pack.**

**ViralChoice® Echinacea, Garlic, Vitamin C + Zinc** tablets are oval shaped, off white to pale yellow clear film coated tablet with brown or tan speckles.

60 tablets inside 95 ml white HDPE bottle.

**Registration No:**

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

**Holder of Certificate of Registration**

Opella Healthcare South Africa (Pty) Ltd  
4th Floor, Building I, Hertford Office Park,  
90 Bekker Road, Midrand,  
1652

**This leaflet was last revised in**

30 November 2022

ViralChoice Echinacea, Garlic, Zinc + Vit C (Film coated tablets)

## PASIËNTINLIGTINGSBLAD

**ViralChoice® Echinacea, Garlic, Vitamin C + Zinc**

(Filmbedekte Tablet)

Suikervry

**SKEDULERINGSTATUS: [S0]**

### KATEGORIE EN KLAS:

D: Komplementêre Medisyne:

Dissipline-spesifiek: 33.7 Kombinasieproduk

Hierdie ongeregistreerde medisyne is nie vir gehalte, veiligheid of beoogde gebruik deur SAHPRA geëvalueer nie.

### HANDELSNAAM EN DOSEERVORM

**VIRALCHOICE® ECHINACEA, GARLIC, VITAMIN C + ZINC (tablette)**

Die aktiewe bestanddele per tablet is:

<i>Echinacea purpurea</i> (Echinacea kruieplant droë sap) [Vars kruie, 45:1 ekstrak gelykstaande aan 1000 mg vars kruie]	22,22 mg
<i>Allium Sativum</i> (Knoffel) [Vars bol, 12:1 ekstrak gelykstaande aan 100 mg vars bol]	8,33 mg
Askorbiensuur (Vitamien C)	500,00 mg
Sinkglukonaat Verskaf Sink	14,00 mg 2,00 mg

### Onaktiewe bestanddele:

Kalsiumwaterstoffsfaatdihidraat, natriumkroskarmellose, krospovidoon, dl-alfa-tokoferol, hipromellose, makrogol 400, magnesiumstearaat, mieliestysel, mikrokristallyne sellulose, povidoon, silikondioksied, vanillien.

Suikervry.

**Lees hierdie hele inligtingsblad noukeurig deur want dit bevat inligting wat belangrik is vir jou.**

**ViralChoice® Echinacea, Garlic, Vitamin C + Zinc** tablette is beskikbaar sonder 'n dokter se

voorskrif, sodat jy jou gesondheid in stand kan hou. Jy moet **ViralChoice® Echinacea, Garlic,**

**Vitamin C + Zinc** tablette nogtans versigtig neem om die beste resultate te verkry.

- Hou hierdie inligtingsblad. Dit mag nodig wees dat jy dit weer lees.
- Moenie **ViralChoice® Echinacea, Garlic, Vitamin C + Zinc** tablette met enigiemand anders deel nie.

## ViralChoice Echinacea, Garlic, Zinc + Vit C (Film coated tablets)

- Vra gerus jou gesondheidsorgverskaffer of apteker indien jy verdere inligting of advies nodig het.

### **Wat is in hierdie inligtingsblad**

7. Wat is ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablette en waarvoor word dit gebruik
  8. Wat jy moet weet voordat jy ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablette neem
    - a. Kontra-indikasies
    - b. Waarskuwings en voorsorgmaatreëls
    - c. Moontlike newe-effekte
    - d. Interaksies
  9. Hoe om ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablette te neem
  10. Moontlike newe-effekte wanneer ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablette geneem word
  11. Hoe om ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablette te bêre
  12. Beskrywing van die inhoud van die pak en inligting oor die houer.
- 7. Wat is ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablette en waarvoor word dit gebruik.**

ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablette is 'n dissipline-spesifieke medisinale kombinasieproduk wat geformuleer is om die duur en ernstigheidsgraad van verkouesimptome te verminder.

- Help om simptome wat met ligte boonstelugweginfeksies gepaardgaan, te verlig
- Help om verkouesimptome te verlig
- Ondersteun gesonde werking van die immuunstelsel
- 'n Antioksidant vir die instandhouding van goeie gesondheid
- Help om die liggaam se weerstand teen verkoue, griep & ander infeksies te versterk.

**ViralChoice® Echinacea, Garlic, Vitamin C + Zinc** tablette word aangedui vir volwassenes en kinders ouer as 12 jaar.

Indien simptome volhou, bespreek dit met jou gesondheidsorgverskaffer.

**8. Wat jy moet weet voordat jy ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablette neem  
Moenie ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablette neem nie:**

Indien jy allergies is vir enige van die bestanddele, soos gelys in hierdie Pasiëntinligtingsblad.

### **Waarskuwings en voorsorgmaatreëls**

**ViralChoice® Echinacea, Garlic, Vitamin C + Zinc** tablette moenie in plaas van 'n gebalanseerde dieet geneem word nie.

ViralChoice Echinacea, Garlic, Zinc + Vit C (Film coated tablets)

### **Swangerskap, borsvoeding en vrugbaarheid**

Indien jy swanger is of jou baba borsvoed, vermoed dat jy swanger kan wees of van plan is om swanger te raak, vra jou gesondheidsorgverskaffer se advies voordat jy hierdie medisyne neem.

#### *Swangerskap*

Dit is nie bepaal of dit veilig is om tydens swangerskap te gebruik nie.

#### *Borsvoeding*

Dit is nie bepaal of dit veilig is om te gebruik wanneer jy borsvoed nie.

#### *Vrugbaarheid*

Daar is geen inligting beskikbaar oor vrugbaarheid nie.

### **Bestuur en die gebruik van masjiene**

Geen studies is uitgevoer op die effek wat dit het op die vermoë om te bestuur en masjiene te gebruik nie.

### **Interaksies**

Sê altyd vir jou gesondheidsorgverskaffer indien jy enige ander medisyne neem.

### **9. Hoe om ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablette te neem**

Moenie medisyne met enigiemand anders deel nie.

Neem hierdie medisyne altyd presies soos wat in hierdie inligtingsblad beskryf word, of soos wat jou dokter of apteker vir jou gesê het. Vra gerus jou dokter of apteker indien jy onseker is.

#### **Die aanbevole dosis is:**

Neem 1 tablet twee keer daagliks, of soos wat deur jou gesondheidsorgverskaffer aanbeveel is.

Indien simptome aanhou, gaan sien jou gesondheidsorgverskaffer.

Vitamien-en-mineraal-aanvullings moenie in die plek van 'n gebalanseerde dieet gebruik word nie.

#### **Metode van toediening**

Die tablette moet mondeliks geneem word en nie gekou word nie. Neem die tablet met genoeg water.

### **Indien jy meer ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablette neem as wat jy behoort te neem**

Moenie 'n dubbele dosis neem om te vergoed vir 'n dosis wat oorgeslaan is nie, neem jou gebruiklike dosis op die gewone tyd.

In geval van oordosering, raadpleeg jou dokter of apteker. Indien nie een van hulle beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

### **10. Newe-effekte**

## ViralChoice Echinacea, Garlic, Zinc + Vit C (Film coated tablets)

Nie alle newe-effekte wat vir hierdie medisyne gerapporteer is, word in hierdie inligtingsblad ingesluit nie.

Indien jou algemene gesondheid agteruitgaan of indien jy enige ongunstige effekte ervaar terwyl jy hierdie medisyne neem, raadpleeg asseblief jou gesondheidsorgverskaffer.

### **11. Hoe om ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablette te bêre**

- Bêre by of onder 25 °C.
- Hou in die oorspronklike houer.
- Bêre alle medisyne waar kinders dit nie in die hande kan kry nie.
- Moenie gebruik ná die vervaldatum wat op die houer/etiket gedruk is nie.
- Neem alle ongebruikte medisyne terug na jou apteker vir veilige wegdoening.

### **12. Hoe ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablette lyk en inhoud van die pak.**

**ViralChoice® Echinacea, Garlic, Vitamin C + Zinc** tablette is ovaalvormige, naaswit tot liggeel filmbedekte tablette met bruin of taankleurige spikkels.

60 tablette verpak in 'n 95 ml wit HDPE-bottel.

#### **Registrasienommer:**

Hierdie ongeregistreerde medisyne is nie vir gehalte, veiligheid of beoogde gebruik deur SAHPRA geëvalueer nie.

#### **Houer van die Registrasiesertifikaat**

Opella Healthcare South Africa (Pty) Ltd.  
4de Vloer, Gebou I, Hertford Office Park,  
Bekkerweg 90, Midrand, 1652

#### **Hierdie inligtingsblad is laas hersien**

30 November 2022

# PATIENT INFORMATION LEAFLET

## ViralChoice® Junior Syrup

Sugar free

sanofi

### SCHEDULING STATUS:

S0

### CATEGORY AND CLASS:

Class D: Complementary Medicines:

Discipline Specific: 33.7 Combination product

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

### PROPRIETARY NAME AND DOSAGE FORM:

ViralChoice® Junior (syrup)

Composition:

Active ingredient	Amount/5 ml	Role of supplement
<i>Echinacea purpurea</i> (Echinacea) [Blossoming tops, as 1,25 mg of 45:1 Juicing extract dry concentrate]	56,25 mg	Supports in boosting the immune system, increasing the body's resistance to infections. May contribute to the reduction of symptoms and assist in shortening the duration of a cold.
<i>Camellia sinensis L.</i> (Green tea) [Leaves, 1,052:1 providing 2,63 mg of dried herb equivalent]	2,50 mg	Green tea is a powerful antioxidant, which helps inhibit bacterial growth and infection.
<i>Rosa canina L.</i> (Rosehip) [Fruits, as 3,75 mg of a 4:1 extract]	15,00 mg	Rosehip is one of nature's richest sources of vitamin C. Rosehip contains bioflavonoids which support the benefits of vitamin C.
Ascorbic Acid (Vitamin C)	30,00 mg	Vitamin C may help reduce the duration and intensity of a cold. An antioxidant for the maintenance of good health.
Calcium-D-Pantothenate (Vitamin B5)	1,50 mg	Helps to metabolise carbohydrates, fats and proteins.
Cyanocobalamin (Vitamin B12)	1,00 mg	Contributes to normal red blood cell formation.
D-Biotin (Vitamin H)	30,00 µg	A factor in the maintenance of good health.
Pyridoxine Hydrochloride (Vitamin B6)	0,75 mg	Contributes to tissue formation.
Vitamin A Acetate	667 IU	Contributes the development and maintenance of night vision. Contributes to the development and maintenance of bones and teeth
Vitamin D	120 IU	Helps in the absorption and use of calcium and phosphorous
Vitamin E Acetate	3,00 mg	An antioxidant for the maintenance of good health.
Folic Acid	75,00 µg	Helps the body to metabolise proteins. Helps to form red blood cells

### Read all of this leaflet carefully because it contains important information for you.

ViralChoice® Junior syrup is available without a doctor's prescription for you to maintain your health. Nevertheless, you still need to take ViralChoice® Junior syrup carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share ViralChoice® Junior syrup with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.

#### What is in this leaflet.

- What ViralChoice® Junior syrup is and what it is used for.
- What you need to know before you take ViralChoice® Junior syrup
- How to take ViralChoice® Junior syrup
- Possible Side effects
- How to store ViralChoice® Junior syrup
- Contents of the pack and other information

#### 1. What ViralChoice® Junior syrup is and what it is used for.

ViralChoice® Junior syrup is a discipline specific supplement formulated to support immune system function. ViralChoice® Junior syrup contains a combination of echinacea, green tea extract, rosehip, vitamins, minerals and trace elements. It is a nutrient supplement used when the diet alone does not include enough of these substances for optimal health.

- Support in boosting the immune system, increasing the body's resistance to infections
- May contribute to the reduction of symptoms and assist in shortening the duration of a cold
- Helps to metabolise carbohydrates, fats and proteins
- Contributes to normal red blood cell formation
- A factor in the maintenance of good health
- Contributes to tissue formation
- Contributes the development and maintenance of night vision
- Contributes to the development and maintenance of bones and teeth
- Helps in the absorption and use of calcium and phosphorous
- An antioxidant for the maintenance of good health
- Vitamin C may help reduce the duration and intensity of a cold
- Helps the body to metabolise proteins.

ViralChoice® Junior syrup is indicated for children between 1 and 10 years of age.

If symptoms persist, talk to your health care provider.

A varied diet is the most effective and safe way to achieve good nutrition, health, body composition as well as mental and physical performance.

#### 2. What you need to know before you take ViralChoice® Junior syrup

##### Contraindications

Do not use this product if your child is allergic to any of the ingredients.

ViralChoice® Junior contains sorbitol. If you have been told that you have an intolerance to some sugars, you should not take ViralChoice® Junior.

Speak to your doctor or health care provider if your child has immune system problems before you use this product. Speak to your doctor or health care provider if symptoms of cold persist, or if you notice any unusual symptoms in your child while using this product.

##### Warnings and precautions

Not for children under 1 year of age.

##### Pregnancy, breastfeeding and fertility

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your health care provider for advice before taking this medicine.

##### Pregnancy

Safety during pregnancy has not been established.

##### Breast-feeding

Safety during breast feeding has not been established.

##### Fertility

No information available on fertility.

##### Driving and using machines

No studies on the effect on the ability to drive and use machines have been performed.

#### 3. How to take ViralChoice® Junior syrup

Do not share medicines with any other person. Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

##### The recommended dose is:

##### As a multivitamin:

Children 1-3 years: 1 medicine measure (5 ml) daily

Children 4-10 years: 1 medicine measure (5 ml) TWICE daily (morning and evening)

Duration: Recommended duration of 2 - 4 weeks, or, as and when multivitamin supplement is needed, or as advised by your doctor.

Exceeding the daily dose is not recommended. Health supplements cannot replace a balanced diet.

##### During times of onset of colds:

Children 1-3 years: 1 medicine measure (5 ml) TWICE daily (morning and evening)

Children 4-10 years: 1 medicine measure (5 ml) TWICE daily (morning and evening)

Duration: Short term use for 10 days or as advised by your health care provider

##### If symptoms persist, see your health care provider.

Shake well before use

##### If you take more ViralChoice® Junior syrup than you should

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

##### If you forget to take ViralChoice® Junior syrup

Do not take a double dose to make up for a forgotten dose, take your usual dose at the usual time.

#### 4. Possible side effects

Not all side effects reported for ViralChoice® Junior syrup are included in this leaflet.

Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your health care provider for advice.

##### Reporting of side effects

If you get side effects, talk to your doctor or, pharmacist or nurse. You can also report side effects to SAHPRA via the "6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications: <https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of ViralChoice® Junior syrup.

#### 5. How to store ViralChoice® Junior syrup

- Store at or below 25 °C.
- Keep in the original container
- Keep out of the reach of children.
- Do not use after the expiry date printed on the container/label.
- Return all unused medicine to your pharmacist for safe disposal.

#### 6. Contents of the pack and other information

##### What ViralChoice® Junior syrup contains

- The active substances are Echinacea, Green tea, Rosehip, Ascorbic Acid (Vitamin C), Calcium-D-Pantothenate (Vitamin B5), Cyanocobalamin (Vitamin B12), D-Biotin (Vitamin H), Pyridoxine Hydrochloride (Vitamin B6), Vitamin A Acetate, Vitamin D, Vitamin E Acetate, Folic Acid.

- The other ingredients are sorbitol solution 70 % (non-crystallising) c., glycerin BP, orange flavour EXP516 10/W, orange colour C016/TF, methyl hydroxybenzoate, propyl hydroxybenzoate.

##### What ViralChoice® Junior syrup looks like and content of the pack

200 ml orange coloured syrup in a brown screw cap bottle in a unit carton together with package insert.

##### Holder of Certificate of Registration

Opella Healthcare South Africa (Pty) Ltd  
4th floor, Building I, Hertford Office Park,  
90 Bekker Road, Midrand, 1652

##### This leaflet was last revised in

26 August 2021

Date of revision: To be allocated by SAHPRA.

##### Registration number

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

# PASIËNTINLIGTINGSBLAD

## ViralChoice® Junior Stroop

Suikervry

SKEDULERINGSTATUS:

S0

sanofi

### KATEGORIE EN KLAS:

Klas D: Komplementêre Medisyne:

Dissipline-spesifiek: 33.7 Kombinasieproduk

Hierdie ongeregistreerde medisyne is nie vir gehalte, veiligheid of beoogde gebruik deur SAHPRA geëvalueer nie.

### HANDELSNAAM EN DOSEERVORM:

ViralChoice® Junior (stroop)

Samestelling:

Aktiewe bestanddeel	Hoeveelheid/5 ml	Rol van aanvulling
Echinacea purpurea (Echinacea) [Blomme, as 1,25 mg van 'n 45:1 sap ekstrak droë konsentraat]	56,25 mg	Help om die immuunstelsel 'n hupstoot te gee, wat die liggaam se weerstand teen infeksies verhoog. Mag help om die simptome te verlig en die duur van 'n verkoue te verkort.
Camellia sinensis L. (Groentee) [Blare, 1,052:1 lewer 2,63 mg van droë kruie-ekwivalent]	2,50 mg	Groentee is 'n kragtige antioksidant, wat help om bakteriële groei en infeksies te onderdruk.
Rosa canina L. (Roosbottel) [Vrug, as 3,75 mg van 'n 4:1 ekstrak]	15,00 mg	Roosbottel (vlesige vruggie van die roos) is een van die rykste bronne van vitamien C in die natuur. Roosbottel bevat bioflavonoïede wat die voordele van vitamien C ondersteun.
Askorbiensuur (Vitamien C)	30,00 mg	Vitamien C mag help om die duur en ernstigheidsgraad van 'n verkoue te verminder. 'n Antioksidant vir die instandhouding van goeie gesondheid.
Kalsium-D-Pantotenaat (Vitamien B5)	1,50 mg	Help om koolhidrate, vette en proteïene te metaboliseer.
Sianokobalamien (Vitamien B12)	1,00 mg	Dra by tot vorming van normale rooibloedselle.
D-Biotien (Vitamien H)	30,00 µg	'n Faktor in die instandhouding van goeie gesondheid.
Piridoksienshidrochloried (Vitamien B6)	0,75 mg	Help met weefselvorming.
Vitamien A-asetaat	667 IE	Dra by tot die ontwikkeling en instandhouding van nagvisie. Dra by tot die ontwikkeling en instandhouding van bene en tandé.
Vitamien D	120 IE	Help met die absorpsie en benutting van kalsium en fosfor.
Vitamien E-asetaat	3,00 mg	'n Antioksidant vir die instandhouding van goeie gesondheid.
Foliensuur	75,00 µg	Help die liggaam om proteïene te metaboliseer. Help met die vorming van rooibloedselle.

Lees hierdie hele inligtingsblad noukeurig deur want dit bevat inligting wat belangrik is vir jou.

ViralChoice® Junior stroop is beskikbaar sonder 'n dokter se voorskrif, sodat jy jou gesondheid in stand kan hou. Jy moet ViralChoice® Junior stroop nogtans versigtig neem om die beste resultate te verkry.

- Hou hierdie inligtingsblad. Dit mag nodig wees dat jy dit weer lees.
- Moenie ViralChoice® Junior stroop met enigiemand anders deel nie.
- Vra gerus jou gesondheidsorgverskaffer of apteker indien jy verdere inligting of advies nodig het.

### Wat is in hierdie inligtingsblad.

1. Wat is ViralChoice® Junior stroop en waarvoor word dit gebruik

2. Wat jy moet weet voordat jy ViralChoice® Junior stroop neem

3. Hoe om ViralChoice® Junior stroop te neem

4. Moontlike newe-effekte

5. Hoe om ViralChoice® Junior stroop te bêre

6. Inhoud van die pak en ander inligting

### 1. Wat is ViralChoice® Junior stroop en waarvoor word dit gebruik.

ViralChoice® Junior stroop is 'n dissipline-spesifieke aanvulling wat gevormuleer is om die werking van die immuunstelsel te ondersteun.

ViralChoice® Junior bevat 'n kombinasie van echinacea, groentee-ekstrak, roosbottel, vitamiene, minerale en spoorelemente. Dit is 'n voedingsaanvulling wat gebruik word wanneer dié diéet alleen nie voldoende van hierdie stowwe insluit vir optimale gesondheid nie.

- Help om die immuunstelsel 'n hupstoot te gee, wat die liggaam se weerstand teen infeksies verhoog
- Help om koolhidrate, vette en proteïene te metaboliseer
- Dra by tot normale vorming van rooibloedselle
- 'n Faktor in die instandhouding van goeie gesondheid
- Help met weefselvorming
- Dra by tot die ontwikkeling en onderhoud van nagvisie
- Dra by tot die ontwikkeling en onderhoud van bene en tandé
- Help met die absorpsie en benutting van kalsium en fosfor
- 'n Antioksidant vir die instandhouding van goeie gesondheid
- Vitamien C mag help om die duur en ernstigheidsgraad van 'n verkoue te verminder

ViralChoice® Junior stroop word aangedui vir kinders tussen die ouderdom van 1 en 10 jaar.

Indien simptome aanhou, bespreek dit met jou gesondheidsorgverskaffer.

'n Gevarieerde dieet is die doeltreffendste en veiligste manier om goeie voeding, gesondheid en liggaamsamestelling te verseker, sowel as om verstandelike en fisiese prestasie te behaal.

### 2. Wat jy moet weet voordat jy ViralChoice® Junior stroop neem

#### Kontra-indikasies

Moenie hierdie produk gebruik indien jou kind vir enige van die bestanddele allergies is nie.

ViralChoice® Junior bevat sorbitol. Indien jy ingelig is dat jy onverdraagsaam vir party suikers is, behoort jy nie ViralChoice® Junior te neem nie.

Indien jou kind probleme met sy/haar immuunstelsel het, bespreek dit met jou dokter of gesondheidsorgverskaffer voordat jy hierdie produk gebruik.

Bespreek dit met jou dokter of gesondheidsorgverskaffer indien verkouesimptome aanhou, of indien jy enige ongewone simptome by jou kind opmerk terwyl hierdie produk gebruik word.

#### Waarskuwings en voorsorgmaatreëls

Nie vir kinders jonger as 1 jaar nie.

#### Swangerskap, borsvoeding en vrugbaarheid

Indien jy swanger is of jou baba borsvoed, vermoed dat jy swanger kan wees of van plan is om swanger te raak, vra jou gesondheidsorgverskaffer se advies voordat jy hierdie medisyne neem.

#### Swangerskap

Dit is nie bepaal of dit veilig is om tydens swangerskap te gebruik nie.

#### Borsvoeding

Dit is nie bepaal of dit veilig is om te gebruik wanneer jy borsvoed nie.

#### Vrugbaarheid

Daar is geen inligting beskikbaar oor vrugbaarheid nie.

#### Bestuur en die gebruik van masjiene

Geen studies is uitgevoer op die effek wat dit het op die vermoë om te bestuur en masjiene te gebruik nie.

### 3. Hoe om ViralChoice® Junior stroop te neem

Moenie medisyne met enigiemand anders deel nie. Neem hierdie medisyne altyd presies soos wat in hierdie inligtingsblad beskryf word, of soos wat jou dokter of apteker vir jou gesê het. Vra gerus jou dokter of apteker indien jy onseker is.

#### Die aanbevolle dosis is:

##### As 'n multivitamien:

Kinders 1 – 3 jaar: 1 medisynepermaat (5 ml) daagliks.

Kinders 4 – 10 jaar: 1 medisynepermaat (5 ml) TWEE KEER daagliks (soggens en saans).

Duur: Aanbevole duur van gebruik is 2 – 4 weke, of soos en wanneer 'n multivitamienaanvulling nodig is, of soos aanbeveel deur jou dokter.

Oorskrywing van die daaglikske dosis word nie aanbeveel nie. Gesondheidaanvullings kan nie 'n gebalanseerde dieet vervang nie.

#### Wanneer 'n verkoue begin:

Kinders 1 – 3 jaar: 1 medisynepermaat (5 ml) TWEE KEER daagliks (soggens en saans).

Kinders 4 – 10 jaar: 1 medisynepermaat (5 ml) TWEE KEER daagliks (soggens en saans).

Duur: Korttermyngebruik vir 10 dae of soos wat deur jou gesondheidsorgverskaffer aanbeveel is.

Indien die simptome aanhou, gaan sien jou gesondheidsorgverskaffer.

Skud die bottel deeglik voor gebruik.

#### Indien jy meer ViralChoice® Junior stroop neem as wat jy behoort te neem

In geval van oordosering, raadpleeg jou dokter of apteker. Indien nie een van hulle beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

#### Indien jy vergeet om ViralChoice® Junior stroop te neem

Moenie 'n dubbele dosis neem om te vergoed vir 'n dosis wat oorgeslaan is nie, neem jou gebruikelike dosis op die gewone tyd.

### 4. Moontlike newe-effekte

Nie alle newe-effekte wat vir ViralChoice® Junior stroop gerapporteer is, word in hierdie inligtingsblad ingesluit nie.

Indien jou algemene gesondheid agteruitgaan of indien jy enige ongunstige effekte ervaar terwyl jy hierdie medisyne neem, raadpleeg asseblief jou gesondheidsorgverskaffer.

#### Rapportering van newe-effekte

Indien jy newe-effekte ervaar, bespreek dit met jou dokter, apteker of verpleegster. Jy kan ook newe-effekte aan SAHPRA rapporteer via die vorm om ongunstige geneesmiddelreaksies te rapporteer, wat aanlyn by SAHPRA se publikasies gevind kan word: <https://www.sahpra.org.za/Publications/Index/8>. Deur newe-effekte te rapporteer, kan jy help om meer inligting oor die veiligheid van ViralChoice® Junior stroop te verskat.

### 5. Hoe om ViralChoice® Junior stroop te bêre

- Bêre by of onder 25 °C.
- Hou in die oorspronklike houer.
- Hou buite bereik van kinders.
- Moenie gebruik ná die verval datum wat op die houer/etiket gedruk is nie.
- Neem alle ongebruikte medisyne terug na jou apteker vir veilige wegdoening.

### 6. Inhoud van die pak en ander inligting

#### Wat ViralChoice® Junior stroop bevat

- Die aktiewe bestanddele is Echinacea, Groentee, Roosbottel, Askorbiensuur (Vitamien C), Kalsium-D-pantotenaat (Vitamien B5), Sianokobalamien (Vitamien B12), D-Biotien (Vitamien H), Piridoksienshidrochloried (Vitamien B6), Vitamien A-asetaat, Vitamien D, Vitamien E-asetaat en Foliensuur.

- Die ander bestanddele is sorbitol 70 % oplossing (nie-kristalliserend), gliserien BP, lemoengeursel EXP516 10/W, oranje kleurstof C016/TF, metielhidroksibenosoat en propielhidroksibenosoat.

#### Hoe ViralChoice® Junior stroop lyk en inhoud van die pak

200 ml oranjekleurige stroop in 'n bruin bottel met 'n skroefprop, verpak met 'n voubiljet in 'n karton.

#### Houer van die Registrasiesertifikaat

Opella Healthcare South Africa (Edms.) Bpk.

4de Vloer, Gebou I, Hertford Office Park,

Bekkerweg 90, Midrand, 1652

#### Hierdie inligtingsblad is laas hersien

26 Augustus 2021

Datum van hersiening: Sal deur SAHPRA toegewys word.

#### Registrasienummer

Hierdie ongeregistreerde medisyne is nie vir gehalte, veiligheid of beoogde gebruik deur SAHPRA geëvalueer nie.

