

Product Information Leaflet  
**ViralChoice® Junior Multivitamin Chewtab**

Group  
**sanofi aventis**

**Winthrop**  
 PHARMACEUTICALS

**PHARMACOLOGICAL CLASSIFICATION:**  
 A32.2 Other – Complementary medicine

**COMPOSITION:**  
 ViralChoice® Junior Multivitamin Chewtabs contains:

Active ingredient	Amount per chewtab	% RDA* 1-3 years (1 chewtab)	% RDA* 4-12 years (2 chewtabs)	Role of supplement
Vitamin A Acetate	140 µg	135	154	Beta-carotene is converted to vitamin A when needed by the body. It is an antioxidant; needed for night vision, growth of skin, bones and reproductive organs; maintains the integrity of the mucous membranes; even a mild deficiency of vitamin A may lead to increased susceptibility to infection; has a synergistic antioxidant action with vitamins C and E.
Beta-Carotene	400 µg			
Vitamin B <sub>1</sub> (Thiamine HCl)	0,9 mg	129	150	Metabolism of carbohydrates in the diet; also needed for nerve function.
Vitamin B <sub>2</sub> (Riboflavin)	1,0 mg	125	143	Metabolism of carbohydrates, proteins and fats in the diet and the production of energy.
Vitamin B <sub>6</sub> (Pyridoxine)	1,0 mg	111	125	Metabolism of carbohydrates, proteins and fats in the diet. Important in the production of neurotransmitters.
Vitamin B <sub>12</sub> (Cyanocobalamin)	2,0 µg	100	133	Needed for healthy blood and nerve sheaths; deficiencies can result in anaemia with symptoms of tiredness and poor resistance to infection.
Vitamin C	60 mg	133	267	A water-soluble antioxidant needed for many functions in the body e.g. wound healing and a healthy immune system.
Vitamin D	8,0 µg	80	160	For strong bones and teeth; deficiency leads to decreased resistance to infection.
Vitamin E	15 mg αTE	300	428	Antioxidant; also needed for proper functioning of nerves and muscles.
Folic acid	200 µg	200	133	Needed for healthy blood and optimal functioning of the nervous system; deficiency may lead to anaemia.
Biotin	40 µg	62	67	Metabolism of fats; healthy skin and hair.
Nicotinamide	10 mg	111	125	Normal tissue metabolism; improves blood circulation.
Calcium pantothenate (equiv to pantothenic acid)	10 mg	333	400	Metabolism of carbohydrates, protein and fat. Maintenance and repair of cells and tissues.
Calcium	16 mg	2	4	Calcium is the primary mineral in the development and maintenance of healthy bones and teeth. It is also important in maintaining normal cardiovascular function.
Iron	2,3 mg	15	46	Needed for healthy blood, prevents anaemia; increases resistance to infection.
Magnesium	50 mg	33	40	Needed to break down nutrients in the diet; also needed for healthy nervous system, for bone health and to prevent muscle cramps.
Manganese	0,6 mg	40	40	Trace element – needed in small quantities for healthy functioning of the body.
Selenium	60 µg	75	60	Antioxidant effect; together with vitamin E increases resistance to infection.
Zinc	3,0 mg	30	60	Deficiency may lead to a defective immune system.

\*RDAs for 7-10 years used.

Note: Water-soluble vitamins are not stored in the body. Providing more than the RDA of such vitamins has no adverse effects and may in fact be beneficial, especially in people with increased nutritional requirements such as active children or children consuming a diet lacking in fresh fruit and vegetables.

Does not contain caffeine, tartrazine, lactose, egg, yeast, salt, gluten or artificial colourants.

**ViralChoice® Junior Multivitamin USES:**

ViralChoice® Junior Multivitamin Chewtabs contain a combination of vitamins, minerals and trace elements. It is a nutrient supplement used when the diet alone does not include enough of these substances for optimal health. ViralChoice® Junior Multivitamin is a comprehensive vitamin and mineral supplement especially suited for growing children and those eating a poor diet lacking in essential nutrients, as it improves the nutritional status. Vitamins, minerals and trace elements do not take the place of a balanced diet. Your body needs carbohydrates, proteins and fats. Vitamins, minerals and trace elements cannot work without the presence of food.

**CONTRA-INDICATIONS AND WARNINGS:**

- Do not use this product if your child is allergic to any of the ingredients.
- Speak to your doctor if you notice any unusual side-effects in your child while taking ViralChoice® Junior Multivitamin Chewtabs.

**DOSAGE AND DIRECTIONS FOR USE:**

**Children aged 1- 3 years:**

- ONE Chewtab daily.

**Children aged 4 -12 years:**

- TWO Chewtabs daily.

**STORAGE:**

- Store ViralChoice® Junior Multivitamin Chewtabs in a cool, dry place below 25 °C. Keep the lid tightly closed when not in use. The tablets may change colour when exposed to heat, light and moisture.
- Keep all medicines out of the reach of children.

**IDENTIFICATION:**

Three differently coloured, differently flavoured round Chewtabs

**PRESENTATION:**

Packs of 60 Chewtabs in a white screw-top container in a unit carton with a package insert.

NAPPI CODE 704080-001

All products in the Choice range are manufactured to the highest standards and are available in leading pharmacies throughout South Africa. Quality products in the Choice range:-

<b>ArthroChoice™</b>	Helps to preserve and rebuild joint cartilage, as well as helping to provide relief from pain, inflammation and joint stiffness.
<b>ImmunoChoice® Complex</b>	Powerful antioxidant and immune boosting nutrients combine to provide multiple protection for long-term health.
<b>Multi-Vit Choice®</b>	An affordable, comprehensive multivitamin and mineral supplement with Lycopene.
<b>OsteoChoice®</b>	The ultimate calcium supplement containing vitamin D, minerals and other unique bone building nutrients.
<b>PerformaChoice®</b>	Improves sexual, mental and physical energy.
<b>ViralChoice® Effervescent</b>	Long-term Immune support for cold and flu management in an effervescent dosage form.
<b>ViralChoice® Capsules</b>	Cold and flu immune system supplement.
<b>ViralChoice® Vegetabs</b>	Cold and flu immune system supplement for vegetarians.
<b>ViralChoice® Junior Syrup</b>	Cold and flu immune system supplement for children.
<b>ViralChoice® Junior Multivitamin</b>	A comprehensive, balanced fruity flavoured vitamin and mineral chewtab supplement for growing children.
<b>VitaChoice® Capsules</b>	Multinutritional supplement for people with busy stressful lifestyles.

**NAME AND BUSINESS ADDRESS:**

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