

PATIENT INFORMATION LEAFLET

ViralChoice® Echinacea, Garlic, Vitamin C + Zinc (Film coated Tablet)

Sugar free

SCHEDULING STATUS [S0]

CATEGORY AND CLASS

Class D: Complementary Medicines:

Discipline Specific: 33.7 Combination product

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

PROPRIETARY NAME AND DOSAGE FORM

VIRALCHOICE® ECHINACEA, GARLIC, VITAMIN C + ZINC (tablets)

The active substances per tablet are:

Echinacea purpurea (Echinacea herb juice dry) [Fresh herb, 45:1 extract 1000 mg of fresh herb equivalent]	22.22 mg
Allium Sativum (Garlic) [Fresh bulb, 12:1 extract providing 100 mg of fresh bulb equivalent]	8.33 mg
Ascorbic acid (Vitamin C)	500.00 mg
Zinc Gluconate Providing Zinc	14.00 mg 2.00 mg

Excipients:

Calcium hydrogen phosphate dihydrate, croscarmellose sodium, crospovidone, dl-alpha-tocopherol, hypromellose, macrogol 400, magnesium stearate, maize starch, microcrystalline cellulose, povidone, silicon dioxide, vanillin.

Sugar Free.

Read all of this leaflet carefully because it contains important information for you.

ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets are available without a doctor's prescription for you to maintain your health. Nevertheless, you still need to take ViralChoice®

Echinacea, Garlic, Vitamin C + Zinc tablets carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.

What is in this leaflet

1. What ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets is and what it is used for.
2. What you need to know before you take ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets
 - a. Contra-indications
 - b. Warnings and precautions
 - c. Possible side effects.
 - d. Interactions
3. How to take ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets
4. Possible Side effects when taking ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets
5. How to store ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets
6. Description of contents of the pack and container information.

1. What ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets is and what it is used for.

ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets, is a discipline specific combination medicinal product formulated to reduce the duration and severity of common cold symptoms.

- Assists in the relief of symptoms associated with mild upper respiratory tract infections
- Assists in reducing common cold symptoms
- Support healthy immune system function
- An antioxidant for the maintenance of good health
- Assists in boosting the body's resistance to cold, flu & other infections

ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets are indicated for adult and children older than 12 years of age.

If symptoms persist, talk to your health care provider.

2. What you need to know before you take ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets

Do not take ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets:

If you are allergic to any of the ingredients as listed in this Patient Information Leaflet.

Warnings and precautions

ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets should not replace a balanced diet.

Pregnancy, breastfeeding and fertility

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your health care provider for advice before taking this medicine.

ViralChoice Echinacea, Garlic, Zinc + Vit C (Film coated tablets)

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Date: 14 April 2021

Pregnancy

Safety during pregnancy has not been established.

Breast-feeding

Safety during breast feeding has not been established.

Fertility

No information available on fertility.

Driving and using machines

No studies on the effect on the ability to drive and use machines have been performed.

Interactions

Always tell your health care provider if you are taking any other medicines.

3. How to take ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets

Do not share medicines with any other person.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is:

Adult and children older than 12 years of age: Take 1 tablet twice daily or as recommended by your health care provider. If symptoms persist, see your health care provider.

Vitamin and mineral supplements should not replace a balanced diet.

Method of administration

The tablets must be taken orally without chewing. It must be taken with enough liquid.

If you take more ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets than you should

Do not take a double dose to make up for a forgotten dose, take your usual dose at the usual time.

In the event of over-dosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

4. Side effects

Not all side effects reported for this medicine are included in this leaflet.

Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your health care provider for advice

5. How to store ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets

- Store at or below 25 °C

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- Keep in the original container
- Store all medicines out of reach of children.
- Do not use after the expiry date printed on the container/label.
- Return all unused medicine to your pharmacist for safe disposal.

6. What ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets look like and contents of the pack.

ViralChoice® Echinacea, Garlic, Vitamin C + Zinc tablets are oval shaped, off white to pale yellow clear film coated tablet with brown or tan speckles.

60 tablets inside 95 ml white HDPE bottle.

Registration No:

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Holder of Certificate of Registration

sanofi-aventis south africa (pty) ltd.

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South Africa.

This leaflet was last revised in

01 April 2021

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Registration number

N/A